



St Christopher's Prep
School & Nursery



AUTUMN TERM 2025/26 LUNCH MENU Week 1



St Christopher's Prep
School & Nursery

'Meat Free' MONDAY

Pasta with tomato sauce
Dough balls
Roast veggies

Banana and Custard

'Chef's Special' TUESDAY

Chicken Sausages
Vegetable Sausage
Mashed potatoes
Broccoli

Fruit Yogurts

'Roast' WEDNESDAY

Roast Lamb
Vegetable Hot Pot
Roast Potatoes
Mixed Vegetables and Gravy

Profiteroles

EVERYDAY

Jacket Potatoes
Bread
Baked Beans
Salad Bar
Fresh Fruit

'International' THURSDAY

Turkey Curry
Lentil Dhal
Rice and Naan Bread
Green Beans

Apricot Sponge

'Fun' FRIDAY

Chicken Nuggets
Veggie Nuggets
Sauté Potatoes
Beans

Fruit Platter



Staying Healthy
There are many ways to stay healthy.
Some of these ways are:

Exercising
everyday



Eating Healthy
Foods



Being Happy



Getting lots
of sleep





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LUNCH MENU

Week 2



St Christopher's Prep
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'Meat Free' MONDAY

Vegetable Carbonara
Garlic Bread
Braised Red Cabbage

Mandarin and Cream

'Chef's Special' TUESDAY

BBQ Chicekn
Seasonal Roast Veggies
Sweetcorn
Dauphinoise Potatoes

Chocolate Crispies Square

'Roast' WEDNESDAY

Roast Turkey
Vegetable Pie
Roast Potatoes and Gravy
Green Beans

Blueberry Muffin

EVERYDAY

Jacket Potatoes
Bread
Baked Beans
Salad Bar
Fresh Fruit

'International' THURSDAY

Sweet and Sour Chicken
Stir Fry Veggies
Noodles

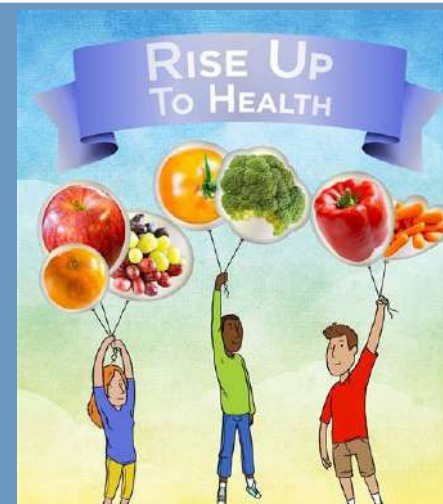
Apple Pie

'Fun' FRIDAY

Loaded Lamb Burger
Meat Free Burger
Chips
Beans

Cookie

EAT A RAINBOW
of FRUIT and VEGETABLES
every day





St Christopher's Prep
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LUNCH MENU

Week 3



St Christopher's Prep
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'Meat Free' MONDAY

Macaroni and Cheese
Basil Croutons

Chocolate Ices

'Chef's Special' TUESDAY

Lamb Meatballs in Tomato sauce
Vegetable Casserole
Rice
Seasonal vegetables

Chocolate Sponge and sauce

'Roast' WEDNESDAY

Roast Chicken
Vegetable Parcel
Roast Potatoes
Carrots and Gravy

Fruit Platter

EVERYDAY

Jacket Potatoes
Bread
Baked Beans
Salad Bar
Fresh Fruit

'International' THURSDAY

Lamb Bolognaise
Vegetable Bolognaise
Spaghetti
Parmesan and Peas

Sultana FlapJack

'Fun' FRIDAY

Fish Fingers
Vegetable Fingers
Chips
Beans

Ice Cream Tubs

